

Resources

Legal Counsel for the Elderly (LCE) American Association of Retired Persons (AARP)

P.O. Box 96474
Washington, DC 20090-6474
202/ 434-2277

LCE has state-specific guidebooks about advance directives. If you want to order a booklet, send \$5 per booklet (for shipping and handling) to the above address. You can obtain up-to-date state-by-state information about advance directives and statutory forms, if they exist, in your state.

AARP, which supports individual autonomy in health care decision-making, is conducting community education workshops on medical decision-making and advance directives around the country. These workshops, led by trained volunteers, provide basic information about advance directives and state-specific forms. In addition, workshop participants can return to a later session for assistance in completing their documents. For information about these workshops, call your AARP regional office or AARP at 1-800-424-3410.

Choice in Dying

200 Varick Street
New York, NY 10014
212-366-5540

This national organization provides state-specific advance directive forms and instructions, as well as a number of booklets about health care powers of attorney and living wills.

The Medical Directive, by Linda L. Emanuel, M.D. and Ezekiel J. Emanuel, M.D. This directive form has been revised to include six illness situations. For each illness, you indicate whether you would want particular interventions and your goals for medical care. For single copy requests, write to:

General Internal Medicine Unit
Massachusetts General Hospital
32 Fruit Street
Boston, MA 02114

Values History Form, by Joan Gibson. This form provides a framework for thinking about medical decision-making issues, and can be used to help communicate your general goals for medical care and your underlying values in medical decisions. For single copy requests, write to:

Joan Gibson, Director
University of New Mexico
Health Sciences Ethics Program
Nursing/Pharmacy Building, Room 368
Albuquerque, NM 87131

Aging with Dignity "Five Wishes"

My wish For:

The person I want to make care decisions for me when I can't
The kind of medical treatment I want or don't want
How comfortable I want to be
How I want people to treat me
What I want my loved ones to know

Aging with Dignity

P.O. Box 1661
Tallahassee, Florida 32302-1661
<http://www.agingwithdignity.org>

American Bar Association

1800 M ST., NE, South Lobby
Washington, DC 20036

Alzheimer's Association

70 East Lake St., Suite 600
Chicago, IL 60601
1-800-621-0379

Association for Death Education & Counseling

638 Prospect Ave.
Hartford, CT 06105
203/ 232-4825

Children of Aging Parents

2761 Trenton Rd.
Levittown, PA 19056
215/ 945-6900

Internet Links

State-specific downloadable advance directive forms and state-specific information regarding advance directives can be obtained at <http://www.partnershipforcaring.org>

Web site for health care providers, good descriptions and case studies.
<http://depts.washington.edu/bioethx/>

Last Acts is a campaign to improve end-of-life care by a coalition of professional and consumer organizations. Palliative care, focused on managing pain and making life better for individuals and families facing death, is the focus. This site is for professionals and volunteers working to improve care of the dying. Last Acts can be accessed at <http://www.lastactspartnership.org>.

Growth House's mission is to improve the quality of compassionate care for people who are dying through public education and global professional collaboration. Growth House can be accessed at <http://www.growthhouse.org>.

State Information

Information and advice regarding the law in your state may be obtained from the following:

- State Department of Health
- State Office on Aging
- State or Regional Hospital Association
- State Bar Association
- University Centers on Aging

Advance Directives: Patient Self-Determination

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You also can obtain state forms and literature from:

- Your local hospital
- Your local nursing home
- Your state or local office on aging
- Your state's bar association
- Your state's hospital association
- Your state's medical association