# Appendix A: SHARP Staff Assault Study (OSHA, 1998)

The following items serve merely as an example of what might be used or modified by employers in these industries to help prevent workplace violence.

ID Number

## I. Priorities

A number of factors maybe important in preventing assaults, or reducing the impact of assaults. We would like to know your views on what the most important factors are. For these questions, please use the following definition of assault: "Physical contact that results in injury." (Injury may be major or minor; e.g., mild soreness, scratches, or bruises would be included.)

- 1. What do you think is the most important factor contributing to assaults on staff at Eastern and Western State Hospitals?
- 2. A number of factors have been suggested as possibly important in determining whether assaults occur, or the impact of assaults. Please indicate which factors you think are most important. Please indicate only your top five priorities. In other words, many of the following areas maybe important, but we are interested in which are most important. Please place a "1" next to the issue that you think is the top priority, and a "2" next to the issue that you think is the next highest priority, and so forth. If you have no opinion or don't know, please check "Don't know."
  - \_\_\_\_\_a. Staff training in self-defense/restraint procedures
  - \_\_\_\_\_b. Staff clinical and interpersonal skills
  - \_\_\_\_\_ c. Staff fitness
  - \_\_\_\_\_d. An effective security alarm system
  - \_\_\_\_\_e. Adequate numbers of personnel
  - \_\_\_\_\_ f. Hospital practices (e.g., handling patients' money)
  - \_\_\_\_\_ g. Physical environment (e.g., noise)
  - \_\_\_\_\_ h. Identifying patients with a history of assaults
  - i. Identifying patients with potentially assaultive (e.g., agitated) behavior
  - \_\_\_\_\_ j. Transfer of information at shift change about potentially assaultive patients
  - k. Procedures for transporting patients
  - \_\_\_\_\_ I. Procedures for reporting assaults to administrators
  - \_\_\_\_\_ m. Procedures for evaluating staff who have been involved in assaults

## Protecting Nurses from Workplace Violence

- \_\_\_\_ n. Procedures for reporting assaults to police
- \_\_\_\_\_ o. Legal penalties for competent assaultive patients
- \_\_\_\_\_ p. Structured psychological support for assaulted staff
- q. Timeliness of L&I processing of Worker's Compensation claims
- r. Fairness of L&I processing of Worker's Compensation claims
- \_\_\_\_\_s. Timeliness of DSHS processing of Assault Pay claims
- \_\_\_\_\_t. Fairness of DSHS processing of Assault Pay claims
- \_\_\_\_\_ u. Other \_\_\_\_\_
- \_\_\_\_\_ v. Don't know
- 3. In which of the following areas do you think it is most important to make improvements at your hospital? Again, please indicate your top five priorities by placing a "1" next to the area you think is most important, a "2" next to the area you think is next most important, and so forth. If you have no opinion or don't know, please check "Don't know."
  - \_\_\_\_\_a. Staff training in self-defense/restraint procedures
  - \_\_\_\_\_b. Staff clinical and interpersonal skills
  - \_\_\_\_ c. Staff fitness
  - \_\_\_\_\_d. An effective security alarm system
  - \_\_\_\_\_e. Adequate numbers of personnel
  - \_\_\_\_\_ f. Hospital practices (e.g., handling patients' money)
  - \_\_\_\_\_g. Physical environment (e.g., noise)
  - \_\_\_\_\_h. Identifying patients with a history of assaultive behavior
  - \_\_\_\_\_ i. Identifying patients with potentially assaultive (e.g., agitated) behavior
  - j. Transfer of information at shift change about potentially assaultive patients
  - \_\_\_\_\_k. Procedures for transporting patients
  - I. Procedures for reporting assaults to administrators
  - m. Procedures for evaluating staff who have been involved in assaults
  - \_\_\_\_\_ n. Procedures for reporting assaults to police
  - \_\_\_\_\_ o. Legal penalties for competent assaultive patients
  - \_\_\_\_\_ p. Structured psychological support for assaulted staff

## Protecting Nurses from Workplace Violence

- \_\_\_\_\_ q. Timeliness of L&I processing of Worker's Compensation claims
- \_\_\_\_\_ r. Fairness of L&I processing of Worker's Compensation claims
- \_\_\_\_\_s. Timeliness of DSHS processing of Assault Pay claims
- \_\_\_\_\_t. Fairness of DSHS processing of Assault Pay claims
- \_\_\_\_\_ u. Other \_\_\_\_\_
- \_\_\_\_\_ v. Don't know
- 4. Comments:

#### II. Training

5. Please indicate below which of the following types of training you have received during your employment at Eastern/Western. Also, for each type of training you have received, please indicate (on the scale of 1 -5) how helpful that training was to you.

a. Initial Training/Orientation	received	helpful he	ery don't elpful know 5
» Interpersonal communication	□ <sub>Yes</sub> □ <sub>No</sub>		
» Assessing potential assaultiveness	□ <sub>Yes</sub> □ <sub>No</sub>		
» Verbal de-escalation	□ <sub>Yes</sub> □ <sub>No</sub>		
» Self-defense	□ <sub>Yes</sub> □ <sub>No</sub>		
» Containment/restraint procedures	□ <sub>Yes</sub> □ <sub>No</sub>		
b. Formal Training Updates	received	helpful he	ery don't elpful know 5
<ul><li>b. Formal Training Updates</li><li>» Interpersonal communication</li></ul>	received	helpful he	
		helpful he	elpful know
» Interpersonal communication	Yes No	helpful he	elpful know
<ul><li>» Interpersonal communication</li><li>» Assessing potential assaultiveness</li></ul>	Yes No Yes No	helpful he	elpful know

## Protecting Nurses from Workplace Violence

c. Info	ormal (on-the-job) training	received	not at all helpful 1 2 3	very don't helpful know 4 5
» Inte	rpersonal communication	□ <sub>Yes</sub> □ <sub>No</sub>		
» Ass	essing potential assaultiveness			
» Ver	bal de-escalation	Yes No		
» Self	f-defense	□ <sub>Yes</sub> □ <sub>No</sub>		
» Cor	tainment/restraint procedures	□ <sub>Yes</sub> □ <sub>No</sub>		
6.	When was your most recent form	al training in the ma	nagement of as	saultive patients?
	Please list month and year:			
7.	Comments:			
	III. Staffing			
8.	Please indicate how important yo following areas:	u think it is to make	improvements a	at your hospital in the
		in	ot at all nportant 1 2 3	very important 4 5
	uate numbers of licensed nursing			
	uate numbers of mental health tec	hnicians (MHTs &		
PSAS) c. Adeq	uate numbers of physicians	ſ		

- d. Adequate numbers of staff for afternoon & night shifts
  - 9. Comments:

# Protecting Nurses from Workplace Violence

## **IV. Alarm Security Systems**

10. In your opinion, what are the most important features of a security alarm system (an alarm system for calling for help in the event of an assault?) In other words, many of the features listed below maybe very important. Please indicate the five most important features by placing a" 1" next to the feature that you think is most important, and a "2" next to the feature that you think is the next most important, etc. If you have no opinion or don't know, check "Don't know."

a. Convenient to carry with you	f. In a room accessible only to staff (e.g., nursing station)
<ul> <li>b. Works both indoors and outdoors</li> <li>c. Easy to activate</li> <li>d. Sounds audible alarm</li> <li>e. Don't know</li> </ul>	g. Identifies your location h. Brings immediate response i. Operates reliably j. Other

11. Comments:

V. Health and Safety Committee

12. Do you know what role the joint labor-management Health and Safety Committee plays at your hospital, in general?



13. Do you know what role the joint labor-management Health and Safety Committee plays at your hospital, specifically with regard to staff assaults?



14. Do you know the name of at least one labor representative on the Health and Safety Committee?



15. Comments:

#### Protecting Nurses from Workplace Violence

# VI. Hospital Practices

16. In your opinion, which of the following practices are most likely to contribute to staff/patient disagreements of the type that may lead to assaults? Please indicate the five most important practices by placing a "1" next to the practice that you think is most likely to contribute to assaults, and a "2" next to the practice you think is next most likely to contribute to assaults, etc. If you have no opinion or don't know, check "Don't know."

Practices for handling:

<ul> <li>a. Patients' money</li> <li>b. Patients' sexual behavior</li> <li>c. Visits with clinical staff</li> <li>d. Seclusion and restraint</li> <li>e. Visits from outside hospital</li> <li>f. Patients' daytime access to own</li> <li>bedrooms</li> <li>g. Smoking</li> <li>h. Privacy</li> <li>Don't know</li> </ul>	<ul> <li>i. Medication</li> <li>j. Programming (activities scheduled)</li> <li>k. Scheduling activities (e.g., flexibility)</li> <li>l. Transfers between wards</li> <li>m. Dates of discharge</li> <li>n. Access to outdoors/exercise</li> <li>o. Providing information about rules</li> <li>p. Diagnostic interviews</li> <li>q. Other</li> </ul>
17. Comments:	
VII. Physical Environment	
contribute to assaults? Please indicate to the aspect of the environment that	g aspects of the physical environment are most likely to te the five most important aspects by placing a "1" next you think is most likely to contribute to assaults, and a xt most likely to contribute to assaults, etc. If you have I't know."
a. Noise levels         b. Temperature levels         c. Food         d. Lighting         Don't know	e. Overcrowding f. Cleanliness g. Privacy h. Other
19. Comments:	

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# VIII. Dangerous Situations

20. Please indicate whether any of the following situations have happened to you.

a. Only employee on ward Has this ever happened? Does it happen frequently?	Yes No
<ul> <li>b. Not within hearing of other employees Has this ever happened?</li> <li>Does it happen frequently?</li> </ul>	Yes No
c. Not within sight of other employees Has this ever happened? Does it happen frequently?	Yes No
21. Comments:	
IX. Job Satisfaction	
22. All in all, how satisfied are you wi	ith your job?
Not at all satisfied	
Somewhat satisfied	

Very satisfied

23. How strongly would you recommend your job to someone else?

	Not at all strongly
	Not too strongly
Г	Somewhat strongly
	Very strongly

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24. If you were looking for a job now, how likely is it that you would decide to take this job again?

Very likely
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25. To what extent is your supervisor willing to listen to your work-related problems?

<ul> <li>Not at all willing</li> <li>Not too willing</li> <li>Somewhat willing</li> <li>Very willing</li> </ul>					
How satisfied are you with:	not at all satisfied 1	not too satisfied 2	somewha satisfied 3	t very satisfied 4	
26. The way supervisors treat workers?			Γ		
27. The way work policies are put into practice?					
28. The competence of your supervisors?					
29. The praise you get for doing a good job?					
30. How satisfied are you that you can turn to fellow workers for help when something is troubling you?					
31. How satisfied are you with the way your fellow workers respond to your emotions, such as anger, sorrow or laughter?					
32. How satisfied are you that your fellow workers accept and support your					
new ideas or thoughts?					

# Protecting Nurses from Workplace Violence

33. How often are you physically exhausted after work?

Γ	Never
	Seldom
	Often
	Always

#### 34. How often are you mentally exhausted after work?



35. Overall, how would you rate your health at the present time?



36. How would you rate your health compared to other persons your age?

	Poor
	Fair
	Good
Γ	Very Good
	Excellent

# X. Assault Experiences

37. Patients may be aggressive toward staff in a number of ways, some more serious than others. We are interested in how many times you personally have experienced each of the

# Protecting Nurses from Workplace Violence

following forms of aggression by patients at your hospital. Please indicate the number of times you have experienced each form of aggression, within the last year or ever. Please use the following rating scale:

O = never 1 = once 2=2-5 times 3 = more than five times

Within the past 12 months:

- \_\_\_\_\_a. threat of assault but no physical contact
- \_\_\_\_\_b. physical contact but no physical injury
- \_\_\_\_\_ c. mild soreness/surface abrasion/scratches/small bruises
- \_\_\_\_\_d. major soreness/cuts/large bruises
- \_\_\_\_\_e. severe laceration/fracture/head injury
- \_\_\_\_\_f. loss of limb/permanent physical disability

During your employment at this hospital:

- \_\_\_\_\_a. threat of assault but no physical contact
- \_\_\_\_\_ b. physical contact but no physical injury
- \_\_\_\_\_ c. mild soreness/surface abrasion/scratches/small bruises
- \_\_\_\_\_d. major soreness/cuts/large bruises
- \_\_\_\_\_e. severe laceration/fracture/head injury
- \_\_\_\_\_f. loss of limb/permanent physical disability
- 38. If you have been assaulted, please answer the following questions. (If you have been assaulted more than once, please consider the most recent assault.)
  - a. When did the assault occur? (Please provide the approximate date)
  - b. What happened? Please describe the assault briefly (who assaulted you, what triggered the assault, what they did, whether they used a weapon, what happened after the assault.)

c. What could have prevented the assault or reduced your injuries?

# Protecting Nurses from Workplace Violence

d.	d. Did you call for help in some way? Please describe. Did help arrive of	ųuickly?
e.	e. Were you able to apply the training you had received? Please descri not?	be. If not, why
f.	Please indicate whether you did each of the following:	
Report the inci	cident on daily ward report?	
lf you didn'	n't report the incident, why not?	
	cident on Incident report? Yes No	
g.	g. As you may know, Industrial Insurance (Workers' Compensation) cla by the Dept. of Labor & Industries, and Assault Pay claims are handl of Social & Health Services. Please indicate what your experiences w this assault.	ed by the Dept.
1. Did yo	ou apply for Workers' Compensation benefits from L&I?	
Yes		

2. If yes, how satisfied were you with the service you received from L&I regarding your claim?

# Protecting Nurses from Workplace Violence

11

Timeliness   1   2   3   4   5     Fairness   I   I   I   I   I		not at satisfi				very atisfied	don't know
Fairman	Timeliness	-		-	-	-	
	Fairness		_	_	_	_	

3. Did you apply for Assault Pay from DSHS?



4. If yes, how satisfied were you with the service you received from DSHS regarding your claim?

	not at all satisfied		very satisfied		don't know	
	1	2	3	4	5	
Timeliness						
Fairness						

h. Comments:

XI. Respondent Ir	nformation
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- 39. What is your job classification?
- 40. In which area do you work?

Adult psychiatric (APU)	Geriatric (GPU)
Legal offenders (LOU)	Other

41. How long have you worked at Eastern/Western? \_\_\_\_\_ years \_\_\_\_\_ months

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## XII. Comments

42. Are there other issues that you think are important? If so, please describe (feel free to use the back of this sheet as well.)

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