

**Are You Safe at Work?**  
**Respiratory Protection for Nurses: Model Program Information**

**Checklist for Medical Evaluation**

Check that at your facility:

- All employees have been evaluated to determine their ability to wear a respirator prior to being fit tested for or wearing a respirator for the first time.
- A physician or other licensed health care professional (PLHCP) has been identified to perform the medical evaluations.
- The medical evaluations obtain the information requested in Sections 1 and 2, Part A of Appendix C of the standard, 29 CFR 1910.134 (See Appendix C of this course).
- Employees are provided follow-up medical exams if they answer positively to any of questions 1 through 8 in Section 2, Part A of Appendix C, or if their initial medical evaluation reveals that a follow-up exam is needed (See Appendix C of this course).
- Medical evaluations are administered confidentially during normal work hours, and in a manner that is understandable to employees.
- Employees are provided the opportunity to discuss the medical evaluation results with the physician or other PLHCP.

The following supplemental information is provided to the PLHCP before they make a decision about respirator use:

- Type and weight of the respirator.
- Duration and frequency of respirator use.
- Expected physical work effort.
- Additional protective clothing to be worn.
- Potential temperature and humidity extremes.
- Written copies of the respiratory protection program and the Respiratory Protection standard.
- Written recommendations are obtained from the PLHCP regarding each employee's ability to wear a respirator, and that the PLHCP has given the employee a copy of these recommendations.
- Employees who are medically unable to wear a negative pressure respirator are provided with a power air-purifying respirator (PAPR) if they are found by the PLHCP to be medically able to use a PAPR.

Employees are given additional medical evaluations when:

- The employee reports symptoms related to his or her ability to use a respirator.

- \_\_\_ The PLHCP, respiratory protection program administrator, or supervisor determines that a medical reevaluation is necessary.
- \_\_\_ Information from the respiratory protection program suggests a need for reevaluation.
- \_\_\_ Workplace conditions have changed in a way that could potentially place an increased burden on the employee's health.